



EVODENTAL IMPLANT CENTRE

TREATMENT IS CARRIED OUT ON THE PROVISO THAT THE FOLLOWING ORAL HYGIENE PROTOCOL IS ADHERED TO

ORAL HYGEINE PROTOCOL

YOU MUST BRUSH WITH A **PHILIPS SONICARE TOOTHBRUSH**, FOR 2 MINUTES TWICE DAILY.

YOU MUST ONCE A DAY CLEAN INBETWEEN YOUR TEETH WITH **INTERPROXIMAL BRUSHES/ DENTAL PICKS I.E. TEPE OR FLOSS**, AFTER YOUR EVENING MEALS.

YOU MUST RINSE DAILY JUST BEFORE YOU GO TO BED WITH ONLY **RETARDEX MOUTHRINSE**.

RECOMMENDED READING

www.perio.org

www.aaid-implant.org (patients and public section)

www.evodental.com