



## EVODENTAL IMPLANT CENTRE



### **A PATIENT GUIDE FOR MAINTAINING YOUR SAME DAY EVOHYBRID BRIDGE**

- CLEAN YOUR BRIDGE AS IF THEY WERE YOUR NORMAL TEETH FOLLOWING OUR ORAL HYGIENE PROTOCOL. A PHILIPS SONICARE MUST BE USED TWICE DAILY TO DO THIS EFFECTIVELY
- YOU MUST STILL RINSE YOUR MOUTH ONCE IN THE EVENING WITH ONLY RETARDEX MOUTHRINSE
- YOU DO NOT NEED TO USE INTERDENTAL BRUSHES OR FLOSS TO CLEAN YOUR BRIDGE. HOWEVER YOU WILL STILL NEED TO USE THESE DAILY FOR ANY REMAINING TEETH IN THE OPPOSITE JAW.
- ALTHOUGH NOT MANDATORY, A WATERPIK IS AN EXCELLENT ADJUNCT TO HELP CLEAN YOUR HYBRID BRIDGE. THESE CAN BE PURCHASED FROM MOST REPUTABLE HEALTHCARE SHOPS. IT IS BASICALLY A WATERJET SYSTEM THAT WILL SPRAY WATER UNDER PRESSURE THROUGH A THIN TIP. THIS IS EXCELLENT FOR CLEANING FOOD DEBRIS AROUND THE BRIDGE AND MAINTAINING EXCELLENT CLEANLINESS

- YOUR BRIDGE CANNOT BE REMOVED BY YOURSELF. IT CAN BE REMOVED BY A DENTAL PROFESSIONAL. YOU SHOULD ATTEND A DENTIST EVERY 6 MONTHS FOR A ROUTINE CHECKUP. THE PROSTHESIS MUST BE CHECKED ON A YEARLY BASIS, AND X-RAYS TAKEN TO MONITOR THE STABILITY OF THE IMPLANTS. IT NEED ONLY BE REMOVED ONCE EVERY 2 YEARS, WHEN IMPLANT HEADS AND TISSUE HEALTH CAN BE MONITORED, AND THE PROSTHESIS STEAM CLEANED. THIS CAN EITHER BE DONE BY YOUR OWN DENTISTS IF HE/SHE IS HAPPY TO DO THIS, OR HERE AT EVODENTAL FOR A CHARGE OF £200
- LIKE NORMAL TEETH, THE TEETH ON THE BRIDGE CAN PICK UP DIETARY STAINING AND CAN ALSO WEAR. CLEANING WITH SONICARE WILL PREVENT MAJOR STAINING AND STEAM CLEANING OUTSIDE THE MOUTH BY A DENTIST CAN REMOVE ALL OTHER STAINING IF NECESSARY. THE TEETH WILL TAKE APPROXIMATELY 7-10 YEARS TO WEAR NOTICABLY. AT THIS TIME, THE PROSTHESIS CAN BE TAKEN OFF BY A DENTIST, WITH NEW TEETH RESET INTO THE IDENTICAL POSITIONS. THIS CAN BE DONE AT EVODENTAL WITHIN HALF A DAY
- IN THE EVENT OF AN ACCIDENT SUCH AS A FALL, IF THE BRIDGE IS DAMAGED, DO NOT PANIC. IT CAN BE REMOVED AND REPAIRED WITHIN A DAY HERE AT EVODENTAL. THIS EXCELLENT MAINTAINABILITY IS ONE OF THE MAJOR ADVANTAGES OF THE EVO HYBRID BRIDGE.
- GIVE YOURSELF TIME TO GET USED TO THE NEW TEETH. REMEMBER, IT TAKES 14 YEARS FOR A HUMAN BEING TO DEVELOP THEIR ORIGINAL BITE POSITION. WITH THE SAME DAY BRIDGE YOUR CORRECT BITE WILL BE RESTORED WITHIN 1 DAY. YOU WILL LEARN TO CHEW CORRECTLY OVER TIME, BUT THIS ADJUSTEMENT PERIOD CAN VARY IN TIME.
- JUST LIKE NATURAL TEETH, THE HYBRID BRIDGE DOES HAVE ITS FUNCTIONAL LIMITATIONS. HOWEVER, YOU WILL BE ABLE TO EAT ANY FOODS FOUND IN A NORMAL DIET SUCH AS STEAKS, MEAT AND APPLES.
- WE ARE SURE YOU WILL ENJOY EATING ALL THE THINGS YOU HAVE BEEN MISSING OUT ON. ENJOY YOUR NEW TEETH AND SMILE!